



Harm Reduction with People in Trafficking Situations

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Definition of Harm Reduction

- Harm reduction is:
- a set of practical strategies that reduce negative consequences of drug use,
- incorporating a spectrum of strategies from safer use, to managed use to abstinence.
- Harm reduction strategies meet drug users "where they're at," addressing conditions of use along with the use itself.

Development of Harm Reduction

- Harm Reduction developed because abstinence-only interventions weren't working.
- Service providers found that they were able to build better relationships with people when they took a non-judgmental attitude to the behaviors that their clients were engaged in.

Theoretical Framework

- Prax(us) believes in an anti-oppression model of work with the community.
- Prax(us) believes in a harm reduction model of work with the community.

Prax(us)' Take on Harm Reduction

- Harm reduction is a way of helping people reduce the harmful behaviors that they are engaged in using practical, step-by-step processes.
- Success is not defined by quitting harmful behaviors alone.
- But rather by keeping people safer and more cared for.
- People define their own goals to stay safe

Why use this with Human Trafficking?

- Breaks down the barrier between service provider and client
- Changes the dynamic from one that mimics a human trafficking situation with someone having power and control over them
- Encourages them to make goals and decisions for themselves, and supporting them in achieving those, transforms their relationship with the world

How can you incorporate this
into your work?

○ Choices, Choices, Choices!!

○ Relationship, Relationship,
Relationship!!